

TRANSITION TO WORK

"SWITCHING ON - FOR MY TOP 4."


	DRIVING	<ul style="list-style-type: none"><input type="checkbox"/> Fit to Drive<input type="checkbox"/> Current LAAR + Weed Hygiene<input type="checkbox"/> Journey Plan – hazards / Controls<input type="checkbox"/> Positive communications /JMC<input type="checkbox"/> Step 7 → Plan, Communicate, Check Equipment, Area & Energy then Final Check. 360° walkaround
	Lifting and Hoisting	<ul style="list-style-type: none"><input type="checkbox"/> Competency and FFW checks done<input type="checkbox"/> Pre job briefing<input type="checkbox"/> Lessons Learnt shared with crew<input type="checkbox"/> Weight/center of gravity verified<input type="checkbox"/> Lifting procedure/plan checked<input type="checkbox"/> Positive and certified lifting points<input type="checkbox"/> SIMOPS Hazards verified<input type="checkbox"/> Area barricaded to prevent people entering drop zone<input type="checkbox"/> Weather and ground conditions checked<input type="checkbox"/> Lifting equipment checked<input type="checkbox"/> Positive communications in place<input type="checkbox"/> Emergency plan in place and verifiedFinal Check controls are in place
	HANDS FREE RULES	<ul style="list-style-type: none"><input type="checkbox"/> No Hands on Loads<input type="checkbox"/> Hands on Handles Only<input type="checkbox"/> Permission to Touch (20kg)<input type="checkbox"/> Hands Off ...Energy On<input type="checkbox"/> Safe Cargo LoadingGloves (mandatory)

Whether working alone or in a team we must ENGAGE: THINK, FOCUS, LEARN



STEP 7 SAFE WORK PROCESS

“STARTING WORK IS NOT STEP # 1”



1	PLAN	Work Instruction & Hazard Assessment Verify Understanding / Competency / LAAR
2	COMMUNICATE	Transition to Work – Ask Open Qs Personal & Process Safety Radios / Hand Signals / Signage
3	CHECK EQUIPMENT	Certified / Tested / Rated Fit for Purpose / Calibrated No Damage / Backup Ready
4	PREPARE AREA	Flat and Level / Housekeeping Red Zone & NO GO ZONES SIMOPS - Above / Below / Beside
5	CONTROL ENERGY	Isolate (Lock-out, Tag-out, and Test) Drain Stored Energy (Gauge?) Line of Fire / Escape Route
6	FINAL CHECK	100% Ready to Go Contingencies in Place / ER Walk the Line with P&ID
7	START WORK	Comply / Intervene / Respect Follow the Life Saving Rules Well Barriers / DROPS / Hands Free PAUSE when things change
AFTER ACTION REVIEW		

STARTING WORK IS STEP #7

When things are NOT going as planned, stuck or jammed
STOP, Think and make another Plan

Why rush when the minute you save may be your last?